

# The Telegraph

## Lord Mandelson's yogi finds a new client

Lord Mandelson's former yoga teacher, Feroze Khan, is taking top civil servant, David O'Sullivan, in hand.



Lord Mandelson misses his yoga sessions with Feroze Khan. Photo: AP

---

By Tim Walker. Edited by Claire Fox.

6:30AM GMT 28 Feb 2011

Lord Mandelson may sometimes seem like the man who has everything, but, even so, Mandrake suspects that he is feeling a little envious of David O'Sullivan, one of the top civil servants in Brussels.

Feroze Khan, the dashing 38-year-old sometime male model who introduced Mandelson to the joys of Bikram yoga when he served as EU Commissioner, has now taken O'Sullivan in hand.

"Peter told me he did Bikram yoga and that he could recommend it as an excellent way of keeping fit, both physically and mentally," O'Sullivan, 58, tells me. "As it was something I'd always wanted to try, Peter offered to introduce me to Feroze and that is how I first got involved. Although Peter has, of course, now left Brussels it would be nice to catch up with him to have a chat about our mutual love of Bikram yoga."

A strong constitution is necessary for a session with Khan which lasts 90 minutes and is conducted in a temperature of 97F (36C). Heat is a feature of Bikram yoga because it facilitates deeper stretching, prevents injury and relieves stress.

Khan says O'Sullivan has "improved his flexibility and strength" as a result of his sessions.

---

[Lord Mandelson's golden goodbye from Brussels is in peril](http://www.telegraph.co.uk/news/politics/8140403/Lord-Mandelsons-golden-goodbye-from-Brussels-is-in-peril.html)

(<http://www.telegraph.co.uk/news/politics/8140403/Lord-Mandelsons-golden-goodbye-from-Brussels-is-in-peril.html>)

[Lord Mandelson summons his personal Yogi](http://www.telegraph.co.uk/news/newsttopics/mandrake/5686945/Lord-Mandelson-summons-his-personal-Yogi.html)

(<http://www.telegraph.co.uk/news/newsttopics/mandrake/5686945/Lord-Mandelson-summons-his-personal-Yogi.html>)

[Emily Watson defends Fred West drama](http://www.telegraph.co.uk/news/celebritynews/8350522/Emily-Watson-defends-Fred-West-drama.html)

(<http://www.telegraph.co.uk/news/celebritynews/8350522/Emily-Watson-defends-Fred-West-drama.html>)

---

Still, he misses Mandelson. "Since Peter returned to London I have not practised yoga a lot with him." Mandelson, 57, used to have twice-weekly yoga sessions in his apartment in Brussels or in the European Commission. Khan has told me how Mandelson sent him text messages saying how much he misses both his yoga and his yogi.

© Copyright of Telegraph Media Group Limited 2011